

Assessment of:	Off-site Orienteering	Location:	Black Rocks, Wirksworth Nearest vehicle access: DCC Carpark Grid Ref; SK 291 557
Completed by:	James Clarke	Date of assessment:	Feb 2026
Reviewed by:	Steve Turner	Next Review Date:	Feb 2027
Ratio:	1 assessed instructor plus 1 group leader per 12 participants		
Staff Competencies	Instructor must be experienced in leading groups in outdoor settings with good navigation skills and ability to make dynamic risk assessments regarding changes in weather, group behaviour, ability and conditions. Must have completed in-house training and passed assessment by Activity Manager, Deputy AM or CEO		
Activities Covered:	Orienteering	Emergency Procedure:	Emergency evacuation of casualty from offsite venue away from immediate road access, using Mountain Rescue

Hazard (something with the potential to cause harm)	Risk (how could the hazard cause harm, and who could it harm)	Control Measures (what is required to reduce the risk)	In Place (Y/N)	Action Required	Action Owner	Residual Risk (assuming all controls in place; Low, Med, High)
Natural terrain; steep drops, uneven footing, gullies, steep slopes, loose rock/scree, unstable or fallen trees	Participants and leaders Risk of injuries, cuts, bruises, abrasions, falls, spinal damage, serious injury and death	<ul style="list-style-type: none"> Instructor to effectively supervise the group behaviour with help from Group Leader All group members to wear appropriate footwear ie. trainers, walking shoes or walking boots Group briefed about terrain hazards Instructor to hold a current Outdoor First Aid certificate 	Y Y Y Y	Instructors to be trained and assessed by AM, DAM or CEO including specific site induction and observations. Training and assessment logged on staff file	Activity Manager & Activity Instructors	LOW

Low = Slight injury or minor ill health / It is highly unlikely that the harm would occur

Medium = Serious Injuries or significant health effects / There is a likelihood that harm may occur;

High = Death, major injury (RIDDOR) or irreversible health damage / There is a high likelihood that harm will occur.

Approach walk to location from centre. Steep drop over low wall.	To All: Risk of injuries, cuts, bruises, abrasions, falls, spinal damage, serious injury and death	<ul style="list-style-type: none"> Instructor to ensure that all participants are suitably equipped for walk, with correct clothing, footwear and supplies. Instructor to ensure group members behave in controlled fashion. Group to walk in organised fashion on opposite side of trail to steep drop over wall. Group leader to assist in control of group behaviour. 	Y Y Y Y	Instructors to be trained and assessed by AM, DAM or CEO including specific site induction visits and observations. Training and assessment logged on staff file	Activity Manager & Activity Instructors	LOW
Sharp rock, broken glass, other sharp items, rubbish	To All: Risk of injuries, cuts, bruises, abrasions, infection, disease and death	<ul style="list-style-type: none"> Instructor to ensure group members behave in controlled fashion. Instructor to check suitable clothing ie. Full length trousers and long sleeve tops Group to remain in designated areas as instructed and not wander off away from the group. Instructor to check areas of crag to be used by group for any sharp items. Instructor to brief group not to touch any rubbish or unidentified items and wash hands on return Instructor to hold a current Outdoor First Aid certificate 	Y Y Y Y Y Y	Instructors to be trained and assessed by AM, CEO or TA. Including specific site induction visits and observations. TA to spot check training/induction process. Training and assessment logged on staff file	Activity Manager & Activity Instructors	LOW

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General Public on High Peak Trail; dogs, bikes, horses	To All: Risk of injuries, cuts, bruises, abrasions, spinal damage, and death	<ul style="list-style-type: none"> Instructor to ensure group members behave in controlled fashion. Group to remain in designated areas when instructed. Instructor to advise in advance on keeping distance from unknown potential hazard; e.g. dogs. Care to be taken joining the trail; particular care with bikes travelling quickly, instructor to check clear before group joins. 	Y Y Y Y	Instructors to be trained and assessed by AM, DAM or CEO including specific site induction visits and observations. Training and assessment logged on staff file	Activity Manager & Activity Instructors	LOW
Adverse weather conditions	ALL Hypo/hyperthermia, sun/heat stroke, dehydration, lightning strikes, strong winds affecting trees	<ul style="list-style-type: none"> Instructor to check weather forecast before session. Seek advice from AM, Deputy or CEO if unsure Instructor to ensure participants are appropriately dressed and equipped for the activity ie. warm clothes, waterproofs, sun protection, water bottle as appropriate to the conditions Instructor to cease activity and head to low ground or return to centre in the event of a lightning storm Instructor to carry emergency group shelter 	Y Y Y Y	Instructors to be trained and assessed by AM, DAM or CEO including specific site induction visits and observations. Training and assessment logged on staff file	Activity Manager & Activity Instructors	LOW
Lost/missing person	Participants Risk of injury, safeguarding concerns	<ul style="list-style-type: none"> Instructor and group leader to supervise the group and conduct regular head counts Instructor to build skills and assess before deciding on dividing into subgroups If splitting into subgroups, min of three people, instructor to give safety brief and give navigation legs appropriate to the ability level of the students If anyone is missing from the group, instructor to make note of the time and call centre for help in conducting a search 	Y Y Y	Instructors to be trained and assessed by AM, DAM or CEO including specific site induction visits and observations. Training and assessment logged on staff file	Activity Manager & Activity Instructors	LOW

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Medical conditions	To all Risk of an injury or medical episode due to an existing medical condition	<ul style="list-style-type: none"> • Serious medical conditions to be reviewed by Activity Manager and CEO before group arrival • Instructor to check group medical information before the session • Instructor to ensure that any relevant medication is taken with the group when leaving site • Instructor to hold a current Outdoor First Aid certificate 	Y Y Y Y	Instructors to be trained and assessed by AM, DAM or CEO including specific site induction visits and observations. Training and assessment logged on staff file	Activity Manager & Activity Instructors	LOW
Incapacitated instructor	To all Risk of injuries, exposure to the elements, serious injury and death	<ul style="list-style-type: none"> • Instructor to inform Group leader of location of group first aid kit which contains instructions on how to call for help in the event of an incapacitated instructor 	Y	Instructors to be trained and assessed by AM, DAM or CEO including specific site induction visits and observations. Training and assessment logged on staff file	Activity Manager & Activity Instructors	LOW
General Public on crag itself; Black Rocks can be a busy location. There is potential for member of public to intervene in a negative way with group.	To All: injuries, serious injury or death.	<ul style="list-style-type: none"> • Instructor to ensure group members behave in controlled fashion. • Group to remain in designated areas when instructed; including pre-set stacking or holding areas where relevant. • Instructor to remain vigilant to other people in the vicinity and adjust the route if necessary • Group leader to assist in control of group behaviour. 	Y Y Y Y	Instructors to be trained and assessed by AM, DAM or CEO including specific site induction visits and observations. Training and assessment logged on staff file	Activity Manager & Activity Instructors	LOW

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Risk Assessment Checked by H&S or Line manager.

Name: Steve Turner CEO

Reviewed on: 3/3/2026



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