

Risk Assessments Canoeing / Kayaking & Improvised Rafting

Hazard	Control Measures	Mechanism
Drowning	Correctly fitted buoyancy aids Adequate safety boat cover Constant Supervision Remain close to land. Safety briefing	Ensure craft in good condition Dynamic Risk assessment Shallow water venues
Exposure to extremes of temperature	All participants with appropriate clothing Venue to be appropriate to weather conditions	Clarity of booking forms & spare clothes at venue & carried on journey style trips. Weather conditions responded to.
Waterborne viruses	Ensure participants briefed well about possible symptoms. Cuts and grazes covered	Will endeavor to use venues with clean water. Record any incidents
Head injury	Good briefing with respect to paddle use Best lines through low water	Helmets worn on all sessions
Entanglement	Knife carried Craft checked before launch	Check knots & design carefully when rafting
Entrapment	Ensure good safety briefing use large cockpits boats Sit on tops if necessary	Ensure craft are suitable and safe No possibility of folding together
Wind	Stay close to shore	Raft up – limiting the number of craft to supervise
River Hazards I.E fallen branches, wire, line & high water	Careful group control by experienced leaders & carry appropriate equipment	Local knowledge & recording of any particular hazards
Other injuries Trapped fingers	First aid qualified staff with kit to hand Particular attention to lifting on and off from trailers Briefing detailing danger to hands	Any incidents recorded Team style co-operation to avoid possible injury

Technical advisor to suggest any implementation for change.

Technical Advisors: Peter Montgomery and Ben Hodgson

AALS Licence Holder

Highly Experienced Expedition Canoeist Former Top-Level Competitor