

Kit List

Mount Cook provides all specialist equipment for participation in our activities.

Clothing

- Waterproof jacket
- Fleece or jumpers
- T-shirts
- Underwear & socks
- Comfy trousers (not jeans)
- 2 pairs of trainers or hiking boots
- Indoor shoes or slippers
- Pyjamas
- Hat and gloves

Other

- Sun cream
- Insect repellent
- Reusable water bottle
- Prescribed medication
- Money for souvenirs & vending machine
- Small backpack
- Padlock (for bedroom lockers, optional)

Toiletries

- Shampoo
- Soap
- Hair brush
- Tooth brush & paste
- Towel

If you are participating in the following activities, please also bring:

Canoeing or Raft Building

- A pair of trainers or water shoes (that can get wet - not sliders or flip flops)
- Spare towel
- Change of clothes for after activity
- Plastic bag/bin liner for wet clothes
- Swimwear

Caving

- Wellies or hiking boots (not trainers)
- Thick socks
- Long Sleeve Top
- Long Trousers

Climbing

- Long Sleeve Top
- Long Trousers

