

Assessment of:	Mount Cook Challenge	Location:	Mount Cook
Completed by:	James Clarke	Date of assessment:	December 2024
Reviewed by:	Steve Turner	Next Review Date:	February 2027
Ratio:	1:24 Max and Min 1 Group Leader 1:36 with approval from Activity Manager or Deputy	Staff Competencies	Must have suitable group management experience. Signed off as competent to run activity
Activities covered:	Low Level Team Building Activities and Onsite Navigation.		

Hazard <i>(something with potential to cause harm)</i>	Risk <i>(How could hazard cause harm and to whom)</i>	Control Measures <i>(What is required to reduce risk)</i>	In place <i>(Y/N)</i>	Action Required	Action Owner	Residual Risk <i>(low / medium / high)</i>
Rough edges on equipment/equipment failure	To Participants and Staff: Cuts, splinters, bruises	Equipment checked before sessions. Clear instructor brief. Crates only picked up by handles. Any damaged equipment quarantined.	Y	Clear briefing. Equipment checks before sessions.	Activity Staff	LOW
Incorrect use of equipment	To Participants and Staff: Entanglement, cuts, bruises, sprains, twists,	Clear briefing by instructor on correct use. Leader supervising, preventing horse play.	Y	Clear briefing	Activity Staff	LOW

Low = Slight injury or minor ill health / It is highly unlikely that the harm would occur

Medium = Serious Injuries or significant health effects / There is a likelihood that harm may occur;

High = Major death, major injury (RIDDOR) or irreversible health damage / There is a high likelihood that harm will occur.

	falls, head injury, eye injury.					
Falls from Crates/Stumps	To Participants: Breaks, Twists, Falls, Sprains	Clear brief from instructor. Activity site level. Staff trained to recognise the acceptable level of difficulty for a group.	Y	Clear briefing from instructor.	Activity Staff	LOW
Blind Folded activities	To Participants: Breaks, Twists, Falls, Sprains Eye infections	Pre-course checks for trip hazards and stable ground. Instructors supervising closely, preventing horse play. Challenge by choice is observed. Blindfolds washed after use if communal.	Y	Clear briefing from instructor. Blindfolds kept clean.	Activity Staff	LOW
Inadequate supervision.	To Participants: Falls from height, access out of bounds areas, safeguarding concerns. Slips, trips, and falls leading to bruising, cuts, abrasions, head injuries. Potentially death.	Ratio of leaders to participants controlled to effectively manage the group. Safety brief given to all participants taking part in the activity. Teachers/ adults to supervise the behaviour of the group. Instructor is familiar with the set location of challenges and positioned to keep a visual or		Clear briefing from Instructor	Activity Staff	LOW

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		audible communication with the groups.				
Slips, Trips and Falls	To Participants and Staff: Breaks, Twists, Falls, Sprains	Close leader supervision during activities and rest periods. Suitable footwear will be worn by participants. Activity site checked by Mount Cook staff before all sessions and hazards cleared where appropriate	Y	Briefing by activity instructor	Activity Staff and Participants	LOW
Weather Conditions	To Participants and Staff: Exposure to Heat, Cold, Wind and Rain.	Correct clothing, shelter, sunscreen, evacuation plan for Thunder and Lightning.	Y	Adequate clothing for activity. Monitoring of weather	Activity Staff	LOW
Heavy/ Awkward lifting	To Participants and Staff: Manual handling injury, lifting and twisting, crushing injuries, breaks, concussion, head injury, eye injury.	Full safety brief from activity staff, Instruction on correct lifting techniques, participant ratios for shared lifting suitable to ability of group.	Y	Instructor instructions on correct lifting and equipment use technique.	Activity Staff	LOW

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Poor light/visability	To Participants and Staff: Increased risk of slips trips and fall. Groups becoming separated from one another.	Full safety briefing and clear definite boundaries. Areas where activities are present will be lit, either with portable lighting or exterior fixed lights.	Y	Portable lighting charged prior to session and placed in most effective locations. Exterior fixed lighting turned on were required.	Activity Staff	LOW
Vehicles and Machinery	To Participants and Staff: Contact with Machinery, unsupervised machinery	Safety Brief at start of activity outlining potential hazards of car onsite. No vehicles permitted onsite (deliveries exempt) Speed limited onsite and intercom system prevents traffic through site.	Y	Clear staff briefing and boundaries.	Activity Staff	
Lack of Boundaries	To Participants: Missing participants. Unwanted public access	Full safety briefing, set clear boundaries. Regular checkpoints for groups with staff to ensure all participants accounted for. Brief on what to do if a student becomes lost. Clear markings of boundaries, fences, and gates	Y	Boundaries in place. Monitoring of boundaries	Mount Cook staff	LOW

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Uneven Ground / Animal holes	To Participants and Staff: Breaks, Twists, Falls, Sprains	Animal holes identified, and filled in where necessary Initial safety brief to highlight danger areas. No running rule enforced	Y	Filling in any dangerous holes, removal of any dangerous stumps and roots	Mount Cook Staff	LOW
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Risk Assessment Checked by H&S or Line manager.

Name : Steve Turner CEO

Date reviewed : 3/3/2026



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