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|----------------------------|---------------------------------|--------------------------------------|--|
| Assessment of: | Rock Climbing | Location: | Single Pitch Crag |
| Completed by: | James Clarke | Date of assessment: | February 2026 |
| Reviewed by: | Steve Turner | Next Review Date: | February 2027 |
| Ratio: | 1:12 Max and Min 1 Group Leader | Staff Competencies | RCI or higher. Must be familiar with the venue, have suitable group management experience and have been assessed by the Activity Manager, CEO or Tech Advisor as competent. |
| Activities Covered: | Rock Climbing | Specific Emergency Procedure: | Should an incident occur in which immediate threat to life or limb occurs; lower casualty to the ground, give first aid and call for immediate assistance (Police – Mountain Rescue) |

| Hazard (something with the potential to cause harm) | Risk (how could the hazard cause harm, and who could it harm) | Control Measures (what is required to reduce the risk) | In Place (Y/N) | Action Required | Action Owner | Residual Risk (assuming all controls in place; Low, Med, High) |
|--|--|--|-------------------|--|-------------------------------------|---|
| Unattended Equipment | To Participants & Unauthorised personnel: Physical injuries, fractures, or | Remove kit after session and do not leave unattended for long periods. Anchors and rope left in tidy and organised fashion. No unattended carabiners or belay devices left at base of crag | Y Y Y | Kit not to be left out for long periods when not in use. | Activity Mgr & Activity Instructors | LOW |

Low = Slight injury or minor ill health / It is highly unlikely that the harm would occur

Medium = Serious Injuries or significant health effects / There is a likelihood that harm may occur;

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| | death from falls from height. | | | | | |
| Adverse weather conditions – Cold, wet, windy, Hot | To staff, volunteers, participants, To All; danger of lightning strike, resulting in death or serious injury | Instructors to monitor weather conditions before and during session. kit list to be sent in advance of arrival with suitable clothing list. spare clothing in centre for those under-prepared participants. Water & sun protection to be used in hot conditions. Instructor to carry emergency group shelter Monitor thunderstorm potential and lightning risk, evacuate the crag in the event thunderstorms threaten. | Y Y Y Y Y | Weather conditions monitored. Fleeces/ waterproofs issued to group as appropriate | Activity Manager & Activity Instructors | LOW |
| Medical emergency whilst climbing | To All: Risk that someone may experience prolonged wait for medical attention. Resulting in | All instructors to be trained in Outdoor FA. Portable first aid kit available. Participants to bring their own medications to the session and carry them throughout if necessary Any pre-existing medical conditions to be declared in advance of activity being undertaken. Consent form signed. | Y Y Y Y | Instructors to be inducted by appropriate senior Mount Cook activity staff. | Activity Mgr & Activity Instructors. | LOW |

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| | long term complications, bleeding out, shock symptoms, and or death | Instructors to be able to rescue participant from route safely and effectively if required, using appropriate method to qualification. | Y Y | TA to spot check training/induction process. Training to be logged on Cinolla. | | |

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| Manual handling (activity set-up) | To Staff, Volunteer: Risk of muscle injuries, strains, bruising, cuts, falls, head/spinal injuries, death | Only carried out by staff trained in setup Heavy equipment carried in appropriate bags. Ask for assistance if required. Work in pairs where possible Staff trained in Manual Handling (T.I.L.E. Methodology. Task/Individual/Load/Environment; awareness of importance of each of these in an outdoor scenario) | Y Y Y Y Y | Instructors to be trained and inducted by appropriate senior Mount Cook activity staff. Including specific site induction visits and observations TA to spot check training/induction process. Training to be logged on Cinolla. Manual handling training | Activity Mgr & Activity Instructors. Centre Mgr. | LOW |

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| Incorrectly fitted PPE | To All: Risk of Falls, compression injuries, head/spinal injuries, cuts, death | Safety instructions given from instructors at start. Harnesses and helmets to be fitted at start of session, only removed in controlled designated area. Constant vigilance by trained instructors. Harnesses and helmets to be rechecked before climb or abseil. Correct harnesses and helmets fitted for participant. | Y Y Y Y Y | Instructors to be trained and inducted by appropriate senior Mount Cook activity staff. TA to spot check training/induction process. Training to be logged on Cinolla. | Activity Mgr & Activity Instructors. | LOW |
| Faulty Equipment | To All: Risk of muscle & impact damage, head/spinal injuries, death | All equipment checked by trained instructors prior to use. Harnesses and helmets to be checked before climb. Visual check of any climbing hardware or rope before use. All faulty equipment to be condemned and quarantined to eliminate chance of being brought back in circulation | Y Y Y Y | Activity Mgr or designated lead to carry out quarterly inspections of equipment and log on Papertrail PPE checks to be logged on Papertrail | Activity Mgr & Activity Instructors. | LOW |

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| Falling due to incorrectly attached equipment | To All: Risk of falling from height, impact injuries, cuts bruises, broken limbs, spinal/head injuries and death | Group size limited to max 12 participants Safety brief given to all participants in the activity. Only qualified instructors to setup and lead activity. Anchors to be checked and weighted before use, and load implications examined/checked. Instructor to ensure participants are tied in with method appropriate to qualification. | Y Y Y Y | Instructors to be trained and inducted by appropriate senior Mount Cook activity staff. Including specific site induction visits and observations TA to spot check training/induction process. Training to be logged on Cinolla. | Activity Mgr & Activity Instructors. | LOW |
| Inadequate supervision. | To Participants: Risk of minor injuries, cuts, bruises, abrasions, impact injuries, head/spinal injuries, death | Ratio of instructors to participants controlled to effectively manage the group. Normally, maximum of 2x rigged rope climbs per instructor, operating in close proximity. Unless instructor has been signed off by TA to supervise more. Safety brief given to all participants taking part in the activity. | Y Y Y | Booking Coordinators to inform group leaders of expected ratio's. Instructors to monitor group sizes | Booking Coordinators Activity Mgr & Activity | LOW |

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| | | Ask group leader to help supervise the group. Clearly defined 'safe' areas for waiting participants, away from immediate base of crag. | Y | and effective group management Instructors to be trained and inducted by appropriate senior Mount Cook activity staff. Including specific site induction visits and observations TA to spot check training/induction process. | Instructors. | |
| Falling from height | To All: Cuts, bruises, burns, impact injuries, head/spinal injuries, death | Climbing routes only rigged by qualified instructors. Staff to manage their own safety whilst setting up routes by attaching themselves to secure anchors when operating close to the crag edge or where there is a chance that a slip could lead to a fall from height. | Y Y Y | Instructors to be trained and inducted by appropriate senior Mount Cook activity staff. Including specific site induction visits and observations | Activity Mgr & Activity Instructors. | LOW |

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| | | Belaying always closely supervised by instructor; 2 ropes maximum per instructor, unless TA has signed off instructor to supervise more. All PPE checked before use in line with Operating Procedure | | TA to spot check training/induction process. PPE checks to be logged on Papertrail | | |
| Participant missing safety critical instructions | To Participants: Risk of facial and neck injuries Risk of impact injuries and spinal damage | Full co-operation from group leaders in group control and discipline. Clear instructor briefing at beginning of session. Instructor to remain vigilant and repeat instructions before climbing starts. Participants always supervised whilst belaying; maximum of 2x roped climbs in use (unless instructor signed off to supervise more) at same time, and always in close proximity to one another. | Y Y Y Y | Instructors to be trained and inducted by appropriate senior Mount Cook activity staff. Including specific site induction visits and observations TA to spot check training/induction process. | Activity Mgr & Activity Instructors. | LOW |
| Entrapment in the ropes or cracks in rock | To All: Risk of hair, hands or neck being caught in | Ensure all hair is tied back and not able to get caught in rope/carabiner/belay device. | Y Y | Instructors to be trained and inducted by appropriate senior Mount Cook activity | Activity Mgr & Activity | LOW |

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| | rope; cuts, abrasions, lacerations, bruising, spinal damage, death | Loose clothing to be removed or tucked away and all jewellery removed or tapped up to prevent snagging or entanglement. Instruct participants not to touch belay device or hold fingers too close. Clear brief given by instructor on correct methods. | Y | staff. Including specific site induction visits and observations TA to spot check training/induction process. | Instructor s. | |

Risk Assessment Checked by H&S or Line manager.

Name: Steve Turner CEO

Date: 3/3/2026



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