

Assessment of:	Guided Walk		
Location:	Mount Cook	Date of assessment:	February 2022
Completed by:	Bernard Müller	Expiry Date:	February 2023
Ratio:	1:12 Max	Extra Arrangements	Leader pack with spare water, spare warm clothing/ coats, Group Shelter, Centre Mobile Phone

Hazard (something with the potential to cause harm)	Risk (how could the hazard cause harm, and who could it harm)	Control Measures (what is required to reduce the risk)	In Place (Y/N)	Action Required	Action Owner	Residual Risk (assuming all controls in place; Low, Med, High)
Slip, Trips, Falls,	To Participants: Minor Bruising, cuts, abrasions. Head and spinal injuries.	<ul style="list-style-type: none"> Leader experienced of walking in terrain and of leading groups. Safety brief given to participants on no running and watching where they walk. Route researched and pre-walked – significant hazards (cliffs, water hazards, quarries, etc) avoided or carefully assessed. Weather forecast obtained and conditions monitored; route changed if necessary. 	Y Y Y	Activity Mgr to train the instructors on activity. And logged on Cinolla Dynamic Risk assessment by instructor during activity.	Activity Mgr. Instructor	All LOW
Getting Lost	To Participants: Risk of hyperthermia, abduction, entering out of bounds areas. Death.	<ul style="list-style-type: none"> Leader has sufficient navigational skills and has experience of walking in location. Sufficient group leaders to participant ratio Safety briefing for participants, outlining emergency procedure. Instructors work phone number given to group leader in case of separation. Group to only separate if instructor deems there is sufficient navigational experience in sub-groups Group offsite information on activity notice board so centre aware of group offsite and return ETA 	Y Y Y Y Y	Leader competence assessed by Act Mgr. logged on Cinolla. Sign out and return on offsite activity notice board	Activity Mgr. Instructor	All LOW
Injury, illness or emergency away from immediate help.	To Participants and staff: Injury made worse by lack of access for	<ul style="list-style-type: none"> One leader with each group first aid trained. Mobile first aid kit on group Group shelter to keep injured person sheltered 	Y Y Y	Instructors to have First Aid qualifications (preferably an Outdoor FA)	Activity Mgr. Centre Manager	All LOW

Low = Slight injury or minor ill health / It is highly unlikely that the harm would occur

Medium = Serious Injuries or significant health effects / There is a likelihood that harm may occur;

High = Death, major injury (RIDDOR) or irreversible health damage / There is a high likelihood that harm will occur.

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	emergency services. Potentially death	<ul style="list-style-type: none"> ▪ Information about pre-existing medical conditions and medication to be obtained prior to departure ▪ Group Leaders made aware of planned emergency procedures. ▪ Aim for routes that do not take participants more than 1.5km away from populated areas where help can be raised for extended distances. ▪ Instructor to always carry mobile phone to alert emergency services if necessary. 	Y Y Y	Instructor to be aware of medical information for the group.		
Exposure to extreme weather – cold, wet, heat and sun.	To Participants and staff: Hyperthermia, frostbite, circulation problems, death.	<ul style="list-style-type: none"> • Daily weather forecast obtained. • Kit list sent to all groups in advance so all participants have suitable footwear, clothing and equipment to match expected conditions. • Activity is cancelled if conditions determined to be dangerous or degrade on session. • Spare clothing (gloves, hats, coats) carried by instructor. Sun cream if necessary. • Extra water, chocolates and snacks carried by instructor • Routes do not take participants up to high attitudes where exposure is greater. And remain within 1.5km from populated area • Instructor to carry Group Shelter with them if weather degrades. 	Y Y Y Y Y Y	Instructor to ensure centre orienteering rucksack is properly stocked prior to setting off. Instructor to fill in Offsite group information board.	Activity Mgr.	All LOW
Inadequate supervision.	To Participants: Falls from height, access out of bounds areas, safeguarding concerns. Slips, trips and falls leading to	<ul style="list-style-type: none"> ▪ Ratio of leaders to participants controlled to effectively manage the group. ▪ Safety brief given to all participants taking part in the activity. ▪ Teachers/ adults to supervise the behaviour of the group. 	Y Y Y	Instructor training for activity and safety brief. To be logged on Cinolla	Activity Mgr.	All LOW

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	bruising, cuts, abrasions, head injuries. Potentially death.					
Safeguarding concerns from general public	To Participants: Abduction, exposure to abuse, strong language, violent behaviour.	<ul style="list-style-type: none"> ▪ Safety brief given to all participants about potential dangers once leave Mt Cook Property. ▪ Instructors vigilantly monitoring during session, the location and behaviour of the general public in the area. ▪ Instructors to lead the group away from potentially dangerous individuals if needed and report suspicious behaviour immediately to the police and centre manager. ▪ Ensure group remain together at all times and any sub groups must consist of at least 3 people. 	Y Y Y Y	Instructor training for activity and safety brief. To be logged on Cinolla	Activity Mgr.	All LOW
Vehicles and other users on route (e.g. bikes, walkers, horse-riders)	To Participants and staff: Risk of Impact injuries, bruising, cuts, head injuries and death	<ul style="list-style-type: none"> ▪ Safety Brief at start of activity outlining potential hazards of other users on route. ▪ Instruct all participants to move to same side of path if sharing route with other users. ▪ Route should attempt to not use public roads to limit interaction with cars. 	Y Y Y	Instructor training for activity and safety brief. To be logged on Cinolla	Activity Mgr.	All LOW

Risk Assessment checked by H&S or Line Manager

Name: Steve Turner CEO

Date: 11th February 2022

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