

# Kit List

## Clothing

- Waterproof jacket
- Fleece or jumpers
- T-shirts
- Underwear & socks
- Comfy trousers (not jeans)
- 2 pairs of trainers or hiking boots
- Indoor shoes or slippers
- Pyjamas
- Hat and gloves

## Other

- Sun cream
- Insect repellent
- Reusable water bottle
- Prescribed medication
- Money for souvenirs & vending machine
- Small backpack
- Padlock (for bedroom lockers, optional)

**Mount Cook provides all specialist equipment for participation in our activities.**

## Toiletries

- Shampoo
- Soap
- Hair brush
- Tooth brush & paste
- Towel

**If you are participating in the following activities, please also bring:**

### Canoeing or Raft Building

- A pair of trainers or water shoes (that can get wet)
- Spare towel
- Change of clothes for after activity
- Plastic bag/bin liner for wet clothes
- Swimwear

### Caving

- Wellies or hiking boots (not trainers)
- Thick socks

