

Assessment of:	Team Challenges		
Location:	Mount Cook	Date of assessment:	February 2022
Completed by:	Molly Ojari	Expiry Date:	February 2023

Hazard (something with the potential to cause harm)	Risk (how could the hazard cause harm, and who could it harm)	Control Measures (what is required to reduce the risk)	In Place (Y/N)	Action Required	Action Owner	Residual Risk (assuming all controls in place; Low, Med, High*)
Slips, Trips and Falls	Breaks, Twists, Falls, Sprains	Close leader supervision during activities and rest periods. Suitable footwear will be worn by the young people. Activity site checked by Mount Cook staff before all sessions and hazards cleared	Y	Briefing by activity instructor	Mount Cook Staff	LOW
Weather Conditions	Exposure to Heat, Cold, Wind and Rain.	Correct clothing, shelter, sunscreen, evacuation plan for Thunder and Lightning.	Y	Adequate clothing for activity. Monitoring of weather	Mount Cook and Participants	LOW
Heavy/ Awkward lifting	Lifting and twisting, crushing injuries, breaks, concussion, head injury, eye injury.	Full safety brief from activity staff, Instruction on correct lifting techniques, student ratios for shared lifting.	Y	Instructor instructions on correct lifting and equipment use technique.	Mount Cook Staff	LOW

Low = Slight injury or minor ill health / It is highly unlikely that the harm would occur

Medium = Serious Injuries or significant health effects / There is a likelihood that harm may occur;

High = Major death, major injury (RIDDOR) or irreversible health damage / There is a high likelihood that harm will occur.

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Blind Folded activities: Eye infections	Breaks, Twists, Falls, Sprains	Pre-course checks for trip hazards and stable ground. Experienced instructors supervising closely, preventing horse play. Challenge by choice is observed.	Y	Clear briefing from instructor. Blindfolds washed after every session	Mount Cook Staff. Activity Manager	LOW
Rough edges on equipment.	Cuts	Equipment checked before sessions. Clear instructor brief. Crates only picked up by handles. Any damaged equipment quarantined.	Y	Safety Briefing. Kit checks before sessions.	Mount Cook Staff	LOW
Falls From Crates	Breaks, Twists, Falls, Sprains	Clear brief from instructor. Activity site level. Staff trained to recognise the acceptable level of difficulty for a group.	Y	Clear briefing from experienced instructor.	Mount Cook staff. Activity Mgr	LOW
Rough wooden equipment.	Splinters	Equipment to be checked before sessions. Monthly checks and maintenance of equipment. Damaged equipment quarantined.	Y	Log inspection regime on paper trail to ensure completion	Mount Cook Staff Activity Mgr	LOW

Risk Assessment checked by H&S or Line Manager

Name: Steve Turner CEO

Date: 11th February 2022

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